

# NEWSLETTER



## News

So although we have been in lockdown since March, here at the Parents' Federation we have not stopped working. We are trying to find a new way of keeping in touch. We are keeping our social media page updated daily and much more....



## Connected Carers

As part of the Connected Carers project Jacquie has been ringing our carers to have a catch up and to ensure everyone is ok. If you want a call from Jacquie please get in touch.

## Speak to us

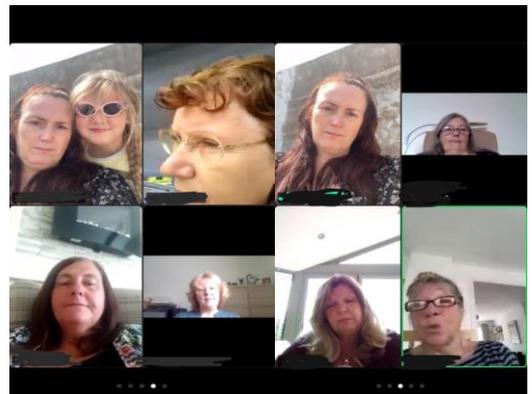
Until we return to our office please contact us on any of the platforms below. If you follow us you will receive daily updates and information

## Virtual Meetings

On the 9th June we held our first virtual Zoom coffee morning in honour of Carers Week. It was fantastic to see some of our wonderful carers, and we have decided to make this a weekly event. Every THURSDAY at 11am we will be having a Zoom Coffee Morning why don't you join us? See Facebook for details or if you have any problems contact us at [admin@parentsfed.org](mailto:admin@parentsfed.org). We are looking into having individuals discussing prominent topics, supported living, transition, benefits, assessments etc.

On Thursday 25<sup>th</sup> June **Life after Lockdown** is our theme. Join us and share your thoughts, views and ideas with other carers who understand your situation. This link should take you there

<https://us02web.zoom.us/j/84072688045>



Cardiff & the Vale



Speaking up for carers and people with a learning disability